

# Timber Tales

May 2021

## Notes from Robin

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Month's  
Issue



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Welcome to the month of May, did you know that May 1<sup>st</sup> is the midpoint to spring? That, along with all the warm and sunny weather that we've had, has all of the flowers in full bloom so, go outside and enjoy our beautiful Timberhill Place grounds. Just be sure to wear your face covers and physical distance while you are out and about. On Friday, May 7th, we should be able to celebrate Mother's Day with a physical distancing activity in the dining room with just our Timberhill Place residents. We will have a delicious dessert for you to enjoy while we pay tribute to all the wonderful Mothers who have been such a great inspiration to us throughout our lives. On Sunday, May 9, Page, and his staff will be preparing a special Mother's Day lunch for our Timberhill Place residents that you are sure to enjoy. Unfortunately, you will not be able to invite guests this year, but we still plan to have a wonderful Mother's Day lunch. As you know, some of our COVID-19 restrictions have been loosened. While we are still required to socially and physical distance, wear our face covers and wash our hands frequently, we can now meet in larger groups if we are spaced six feet apart. So... you should start to see and be able to participate in some group activities and social events of your choice. The Timberhill Place van service will open to non-essential trips, but space will continue to be limited to one passenger in the mini-van and two passengers and a wheelchair passenger in the bus. So, please schedule your trips in advance. Due to our passenger restrictions, it may not be possible to accommodate last-minute transportation requests as we have done in the past. For now, our Timberhill Place group outings will remain on hold due to the current passenger restrictions. Our Timberhill Place monthly food committee and town meetings should resume this month with physical distancing and the wearing of face coverings. These meetings are open to all residents and generally last about 30 minutes. Be sure to check your activity calendar for the date and time of these meetings. It is always good to stay informed on the things that are happening here at Timberhill Place. If you cannot attend these meetings, a copy of the minutes can be provided to you. I look forward to your suggestions and hope that you will share them with us soon. I thank you for being so kind and patient with the staff here at Timberhill Place as we attempt to lift some of the COVID-19 restrictions without compromising your health and safety. While we are grateful to be recovering from the COVID pandemic and moving forward, please remember that our dining room service and activities may be presented in a different format than before, and that we will change things back to the normal as soon as it is safe to do so. Until then, let's celebrate the differences that give us an opportunity to participate in eating meals in the dining room with the other residents and enjoying the activities that will be offered even if they are different than what we are use to. I look forward to seeing you pass by my office door each day on your way to the dining room or to an activity. I have really missed your cheerful hello's and smiling faces and look forward to seeing you again soon.

*There is only one pretty child in the world, and every mother has it.  
~ Chinese Proverb.*

## Timberhill Place

### Van Service Schedule

Sat & Sun: No Transportation Service

Monday: 9 a.m. – 12:00

Tuesday: 9 a.m. – 12:00 &  
1:00 p.m. – 4:00 p.m.

Wednesday: 1 p.m. – 4:00 p.m.

Thursday: 9 a.m. – 12:00

Friday: 9 a.m. – 12:00

Holidays: No Transportation Service

**Van Service may be cancelled  
due to weather.**

#### Resident Birthdays

Pat M.	5/6
Judy	5/8
Joan L.	5/9
Clara	5/16
Bertha	5/16
Dottie	5/20
Geri	5/26

#### Staff Birthdays

Megan	5/10
Cece	5/16
Debbie	5/18
Page	5/29

## How to Join the Quiltt App

The Quiltt App is a way for residents and family members or associated persons to stay connected to what is happening at Timberhill Place. Receive alerts about news from Timberhill Place and access the weekly food menu and monthly activity calendar.

To join:

You must have a smart phone capable of downloading the Quilt App from the App Store.

If you have a smart phone and would like to join the Quiltt App, call the Timberhill Place front desk and let them know you are interested in signing up. They will take your information including name, relation, and phone number. You will be sent a text message with an invite to the Quiltt App and a link to download the app. From there you should be able to access Timberhill Place on the Quiltt App. Please contact Alex Roeser, director of Maintenance, with any questions you might have. We look forward to helping you stay connected.

## Memorial Day Monday, May 31st



The fallen shall never be forgotten, for their legacy will live for all to see.

## Timberhill Place Team Leaders

Executive Director.....	Robin Bemrose
Marketing.....	Debbie Vergo
Director of Nursing.....	Keith Seckel
Director of Resident Care.....	Gena Holmes
Director of Activities.....	Celina Franklin
Director of Food Service .....	Page Hundemer
Director of Housekeeping.....	Doris Blum-Etzel
Director of Maintenance.....	Alex Roeser



# Ask the Nurse



Timberhill Place's RN Consultant Keith has a monthly contribution to the Timber Tales which provides insight and answers to questions that residents may have about health related topics. We would like to remind residents just how they can pose questions to be answered in the monthly Timber Tales. Questions can be asked verbally to Celina or Keith or they can be turned in to the Activity Department Drop Box in the Friendship Room. No question is too big or too small, Keith has an answer for it all!

## Garden Variety News

Hope we all have a glorious May Day! Things are sure greening up out there. The gardens are popping up nicely. The weather has been wonderful! What a beautiful state Oregon is. Soon... we hope that scenic drives can resume! Won't that be great! :)

I plan to plant a half dozen or so of the milkweed plants for butterflies. Please take time to walk around the building and enjoy all of our beautiful flowers and trees. We are so lucky and blessed to not be surrounded by parking lots. I recently watched an OPB Program about the Oregon Garden out by Silverton.. It has filled in and matured into a glorious place. I believe they are open now... think about it for Mother's Day plans! I am, Stay strong and be happy.

See you around,  
XO

Doris

Fun Fact: The biggest pig so far—"Hogzilla" of Georgia at 1000 lbs. and 12 feet long.

Fun Fact: It's possible to sail to the ocean from Idaho!

Via the Snake and Columbia Rivers, from Leviston, Idaho.



# May Highlights

## A New Return to Familiar Activities

*A note from the activity director.* It's been over a year since the activity department was prohibited from hosting the usually scheduled activities and a little less than a year since we found a new way of doing them. This new way has included making activities "contactless", socially distanced from door ways, and bringing the treats to your door and the music from the window. Now that we have been given the green light to start planning activities again, you will see we are returning to familiar activities but in a very different way. We still need to remain "contactless", social distanced, and wearing masks as required. A return to activities is still very exciting news. Although we can't return to them the same way as before we look forward to helping you stay connected and safe.

## Bingo



We will no longer be handing out paper bingo cards every week and numbers every day. We encourage residents to come to the real thing, live in person Bingo in the Dining Room.

*Paper cards and pens will be provided.* We will not be playing with the usual cards and Bingo chips, but you will be able to cross off on your paper any numbers that have been called.

*We will be playing for money, however residents will not need to bring their own money, instead the house (Timberhill Place) will provide 1\$ per game to be awarded to each game winner.*



## Exercise

Exercise will resume its regularly scheduled times on Monday, Wednesday, and Friday at 10 AM in the Dining Room.

Laughing Yoga will still be on the calendar so be sure to check your activity calendar for those dates and times!

## Community Store



Community Store is back open for in person business!

It will look a little different than it did before. Items will be displayed but you won't be able to touch them behind the shields. Once you purchase the item Celina will take the money and give you the item. Community Store will be open from 3:30-4:30 on Wednesday afternoons. Celina will still be taking order requests from Bi-mart. Tuesday will still be Bi-mart shopping/delivery day.

## Memorial Day

The activity department will be posting a special Memorial Day photo board instead of a Memorial Day table. If you would like to contribute any photos or writing to the board, please give them to Megan or Celina during the week before Memorial Day

so we can make a copy of it for our photo board and return the original to you.

## Afternoon in Faith

Afternoon in Faith will now be held in the Dining Room on Thursday afternoons at 3:30. This group will be open to any who would like to attend. There will be song, Bible lessons, and prayer led by Timberhill Place resident Lucy H.

## Book Club

Timberhill Place book club will meet once a month on the first Thursday morning of the month. The first meeting will be to discuss what book we would like to read to discuss for next month's meeting. The Corvallis Public Library has a selection of book bags to choose from. Stop by the meeting to see what it's about if you like discussing books.

## Mother's Day

Join us in the Dining Room on the Friday before Mother's Day for a special Mother's Day Desert. The week before Mother's Day we will be handing out special Mother's Day papers for residents to share a special Mother's day poem, quote, or story.

## My mother...

She is beautiful,  
softened at the edges  
and tempered with a  
spine of steel.  
I want to grow old  
and be like her.



# Department Highlight

*Welcome Marsha to the Office Department!*



This month's department highlight is on the Office Department. The Office Department recently welcomed a new Timberhill Place front desk receptionist, Marsha. Marsha is a friendly face and a wonderful addition to the Timberhill Place team.

Marsha previously worked for Visiting Angels in Albany for thirteen years and says she is thrilled to continue her career working with seniors. She has always loved working with and respected seniors, and is enjoying meeting all of the residents; she also says she sees great teamwork among the staff which has truly impressed her. Marsha and her husband currently reside in Albany and previously lived in Reedsport on the Oregon coast for many years. Her favorite place is beautiful Detroit Lake, and she says that family, camping, and the beach are a few of her favorite things. A very warm welcome to Marsha!



## Plant Corner

*Ila B.'s Special Hoya Plant "Christ's Tears"*

There are many interesting plants that call Timberhill Place their home. One such plant belongs to resident Ila B. Ila has an incredible hoyo plant in her apartment which is sixty years old, but came from a plant that was even older than that! The day that Ila and her husband brought their baby daughter Becky home in Minnesota, Ila's parents drove from Missouri to see their new grandbaby and Ila's mother brought Ila a clipping of her own hoyo plant, which was originally a gift from a special family friend. Ila rooted the clipping, planted it and has raised and nurtured this plant like she did her daughter; in fact she can always remember precisely how old the plant is because the plant and her daughter both came home at the same time. Ila endearingly calls it, "Becky's Plant". The plant has been in the same pot for many years and as it grew Ila fastened it to a copper wire wreath that her husband made and there it grows, round and round in a beautiful wreath shape.



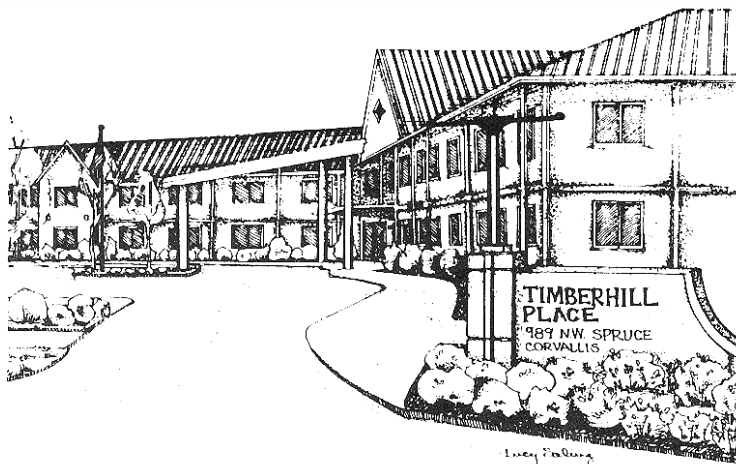
The plant is a very well travelled plant. Ila's husband's career in the U.S. Marines brought Ila's family all over the world. When their family was gone abroad, Ila's mother would care for the plant. When the family moved all around the country, they would bring Becky's Plant with them. On the way to their new home the plant had a special place to ride, right between her daughter Becky and son David in the backseat of the car. Becky's Plant has always been well cared for.

Ila says that direct sunlight will make the plant able to bloom; at midnight the flowers bloom pink velvet like petals in clusters of star shaped flowers with a dark center in which a drop of fragrant liquid sits. Ila's mother would call the drop of liquid "Christ's Tears". Ila is actually sensitive to the heavy fragrance so when it blooms she will remove the flowers and put them in a plastic bag so she can enjoy the look of the flowers but not be affected by the heavy scent. Thank you for sharing about your fascinating plant, Ila!

*Do you have a plant you would like to share in The Timber Tales? Let us know!*

Timber Tales is published monthly for residents, their families and friends of Timberhill Place. We make every effort to provide quality care and a home-like atmosphere. If you have suggestions, concerns or have contributions to our newsletter we invite you to submit them to the Administrator.

For more information on Timberhill Place, please call us at 541-753-1488 or email ~  
[tmbrrpl@proaxis.com](mailto:tmbrrpl@proaxis.com)



### Timberhill Place Mission Statement

We are dedicated to supporting the individuality, dignity and well being of our seniors within a caring, homelike environment.

Timberhill Place  
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